

GROOMING STANDARDS

<p>Female Hair:</p> <ul style="list-style-type: none"> - Keep clean and neat - No minimum length - Cannot exceed 3 ½ inches bulk - Must allow for proper wear of cover - Cannot extend below bottom edge of collar while at attention - Hair color, highlights, lowlights, and frosting will not be faddish or extreme and will be natural looking hair color, similar to the individual's hair color (e.g. black, brunette, blond, natural red, and grey) - Black hair accessories (e.g., fabric scrunchies, hairpins, combs, clips, headbands, elastic bands, barrettes, etc.) are authorized regardless of hair color - No mohawks, mullets, or etched designs 	<p>Female fingernails:</p> <ul style="list-style-type: none"> -Fingernail polish, if worn, will be a single color that does not distinctly contrast with the female cadet's complexion, detract from the uniform, or be extreme colors. Some examples of extreme colors included, but are not limited to, purple, gold, blue, black, bright (fire engine) red and florescent colors. -Do not apply designs to nails or apply two-tone or multi-tone colors. However, white-tip French manicures are authorized. -Fingernails must not exceed ¼ inch in length beyond the tip of the finger and must be clean and well groomed <p>Male fingernails:</p> <ul style="list-style-type: none"> -Male cadets are not authorized to wear nail polish
<p>Male Hair:</p> <ul style="list-style-type: none"> -Must be neat, clean, and trimmed -Tapered appearance on back and sides -Cannot exceed 1 ¼ inches in bulk -Cannot touch ears -Cleanly shaven heads, military high-and-tight, or flat-top cuts are authorized -Prohibited examples (not all inclusive) are mohawk, mullet, cornrows, dreadlocks or etched design -No hair extensions 	<p>Earrings-</p> <ul style="list-style-type: none"> -Female cadets may wear small round or square white diamond, gold, white pearl, or silver earrings. If cadet has multiple holes, only one set of earrings are authorized to be worn in uniform and will be worn in the lower earlobes. -Earrings will match and fit tightly without extending below the earlobe unless the piece extending is the connecting band on clip earrings. -Male cadets cannot wear any type of earrings or body piercings in uniform.
<p>Jewelry:</p> <ul style="list-style-type: none"> -Must be plain and conservative, not extreme or excessive -Necklaces may be worn but cannot be visible -No more than 3 rings total -Rings must be worn at base of finger and not on thumb -Ankle bracelets are not authorized -Cadets may wear one bracelet around their wrist. No wider than ½ inch, gold or silver in color -Medical alert/identification bracelets are authorized -Bracelets espousing support for cause, philosophy, individual or group are not 	<p>Hygiene:</p> <ul style="list-style-type: none"> -Keep your hair, body, and fingernails clean -Bathe at least daily using shampoo, soap, and deodorant -Keep your uniform clean and odor free -Brush and floss your teeth regularly and use mouthwash <p>Cosmetics:</p> <ul style="list-style-type: none"> -Females can wear make-up that is conservative and does not contain bright or fluorescent colors -Males cannot wear make-up in uniform