

# WASATCH FOOTBALL SUMMER EDGE TRAINING

**GRADES** 11<sup>TH</sup> - 12<sup>TH</sup> Next school year (2021/2022)  
**BEGINS:** June 7<sup>TH</sup>-July 22<sup>ND</sup>, 2021  
**DAYS:** Monday, Wednesday (football stadium), Thursday  
**TIME:** 7am-8:30pm

**GRADES** 9<sup>TH</sup> - 10<sup>TH</sup> Next school year (2021/2022)  
**BEGINS:** June 7<sup>TH</sup>-July 22<sup>ND</sup>, 2021  
**DAYS:** Monday, Wednesday (football stadium), Thursday  
**TIME:** 9am-10:30pm  
**COST:** \$65course fee **Online Payment: Visit** [www.myschoolfees.com](http://www.myschoolfees.com)  
\$20 additional if taken for WHS credit  
PAID AT WHS FINANCIAL OFFICE BY MAY 28<sup>TH</sup>

**LOCATION:** Wasatch High School weight room  
**STAFF:** Coach Coburn and other WHS football coaches



**MISSION:** IS TO OPTIMIZE ATHLETIC PERFORMANCE FOR ALL ATHLETES USING FREE WEIGHT, MULTIPLE JOINT EXERCISES PERFORMED IN A STANDING POSITION. COORDINATION TRAINING, BALANCE, EXPLOSION, SPEED AND AGILITY DRILLS UTILIZED.

----- CUT & RETURN BOTTOM -----

## WASATCH HIGH SCHOOL SUMMER EDGE TRAINING

**Send registration form and fee to:**  
C/O STEVE COBURN  
WASATCH HIGH SCHOOL  
930 South 500 East Heber, UT 84032  
(435) 654-0640 Phone

\*make checks payable to: **WASATCH HIGH SCHOOL**  
\*[  ] check if paying for high school P.E. credit  
**Online Payment: Visit** [www.myschoolfees.com](http://www.myschoolfees.com)

Name of player \_\_\_\_\_ Grade \_\_\_\_\_ (2021/2022)  
last first (9, 10, 11, 12)

Player Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Telephone number \_\_\_\_\_