

EXERCISE SCHEDULE Summer 2021

Times	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 am to 8:00 am	<u>Deep Water Aerobics</u> Competition Pool	<u>Water Aerobics</u> Activity Pool	<u>Deep Water Aerobics</u> Competition Pool	<u>Water Aerobics</u> Activity Pool Pool	
8:30 am to 9:30 am		<u>Floga</u> Competition Pool	<u>Deep Water Aerobics</u> Competition Pool		<u>Deep Water Aerobics</u> Competition Pool
8:30 am to 9:30 am	<u>Water Aerobics</u> Activity Pool	<u>Aqua Zumba</u> Activity Pool	<u>Water Aerobics</u> Activity Pool		<u>Aqua Zumba</u> Activity Pool
10:00 am to 11:00 am	<u>Rusty Joints</u> Activity Pool		<u>Rusty Joints</u> Activity Pool		<u>Rusty Joints</u> Activity Pool