

Times	Monday	Tuesday	Wednesday	Thursday	Friday
5:45 – 6:30 AM		<b><u>Deep Water</u></b> Activity Pool		<b><u>Water Aerobics</u></b> Activity pool	
9:00-10:00 AM	<b><u>Deep Water</u></b> Competition Pool	<b><u>Aqua Zumba</u></b> Activity Pool	<b><u>Water Aerobics</u></b> Activity Pool <b><u>Rusty Joints</u></b> Therapy Pool	<b><u>Boga Mats</u></b> Competition Pool <b><u>Water Aerobics</u></b> Activity Pool	<b><u>Aqua Zumba</u></b> Activity Pool
		<b><u>Floga Fit</u></b> Competition Pool		<b><u>Ladies' Swim Class</u></b> Competition Pool	<b><u>Deep Water</u></b> Activity Pool
12:00 - 1:00 pm		<b><u>Rusty Joints</u></b> Therapy Pool		<b><u>Rusty Joints</u></b> Therapy Pool	
7:00-8:00 PM		<b><u>Water Aerobics</u></b> Activity pool		<b><u>Deep Water</u></b> Competition Pool	