Elective Courses

7th Grade Elective Classes: Students are required to take either two 0.5 credit classes OR one 1.0 credit class to equal a total of 1.0 credit.

8th Grade Elective Classes: Students are required to take either three 0.5 credit classes OR one 1.0 credit class and one 0.5 credit class to equal a total of 1.5 credits.

1.0 Credit = Full Year Course
0.5 Credit = ½ Year Course

ARTS

Beginning Band (7th and 8th Grade) - 0.5 credit class: This class is intended for students who want to begin a wind instrument, students who have stopped playing and want to start again, or for students who need a little extra help on their instrument of choice. Students are to provide their own instrument. Instruments taught include: flute, oboe, clarinet, saxophone, French horn, trumpet, trombone, baritone, and tuba. Practice and performances are requirements outside of class time. Private lessons are recommended.

Concert Band (7th and 8th Grade) - 0.5 credit class:
Prerequisite- 2 years of school band, or instructor’s approval. This class is for students who want to continue to study music, but aren’t able to commit to a full year of band.
Instruments taught include: flute, oboe, clarinet, bass clarinet, alto saxophone, tenor saxophone, baritone saxophone, trumpet, French horn, trombone, euphonium, baritone, and tuba. Students are to provide their own instruments. The school has a small inventory of secondary instruments that can be lent to students depending on needs. Students perform alone and in large and small ensembles. Practice and performances are required outside of class time and private lessons are recommended.

Percussion (7th and 8th Grade) - 1.0 credit class:
Prerequisite- 1 year of band, one year of orchestra, one year of piano, or approval by the instructor.
Do you want to learn to play on a drum set, develop skills needed for drum line ensembles, or play vibraphone in Jazz bands? This class will help achieve those goals. In this one year class, students will learn basics in pitched keyboard and un-pitched percussion, sticking mechanics, technique, note reading, and musicianship. Students will perform with concert band, alone, and in small percussion ensembles. Students will provide their own collection of sticks, mallets, method book, and practice drum pad (estimated cost $110-$130). Practice and performances are required outside of class time and private lessons are recommended.
Symphonic Band (7th and 8th Grade)- 1.0 credit class:
Prerequisite - 2 years of school band, or instructor’s approval.
Do you want to be a part of something great, play challenging and fun music, learn more about music history and theory? This class is for serious minded musicians who want to perform at the highest level. Instruments taught include: flute, oboe, bassoon, clarinet, bass clarinet, alto saxophone, tenor saxophone, baritone saxophone, trumpet, French horn, trombone, euphonium, baritone, and tuba. Students are to provide their own instruments. The school has a small inventory of secondary instruments that can be lent to students depending on need. Students play and perform alone and in large and small ensembles. Practice and performances are required outside of class time. Private lessons are strongly encouraged.

Group Guitar (7th and 8th Grade)- 0.5 credit class: In this class students will learn basic note-reading skills, strumming patterns, basic finger picking, and basic song writing form. Acoustic guitars are required (nylon string is acceptable). Students will also learn performance skills and etiquette. This is a great class for the up-and-coming rock star, reflective folk artist, or the sit-around-the-campfire strummer.

Group Piano (7th and 8th Grade)- 0.5 credit class: In this introductory class students will learn basic note-reading skills, songs through rote, performance skills and etiquette, and basic musical terms. Although the class is intended for students with little to no experience on the piano, the more advanced players are welcome and can use class time to further their skills. This is an ideal class for the up-and-coming concert pianist or the next Bruno Mars.

Orchestra: Beginning, Intermediate, and Honors (7th and 8th Grade)- 1.0 credit class: Orchestra has three levels to accommodate students with varying abilities and knowledge. Beginning Orchestra focuses on note-reading, bowing, and intonation at first, but quickly moves into concert performance repertoire. Intermediate Orchestra is an ideal class for reviewing fundamental skills in note-reading, bowing, and rhythm, but also moves quickly into personalized projects, composition, and performance. Honors Orchestra is reserved for students who have either successfully demonstrated competence in Intermediate Orchestra or who are recommended by a music teacher for the class. In Honors Orchestra students play higher level repertoire, work on bowing, intonation, composition, and small group projects. Honors Orchestra also includes additional performance opportunities.

Ladies Chorus (7th and 8th Grade)- 1.0 credit class: Music and singing fundamentals for ladies voices only.
Semester 1: Students participate in a Fall concert, Holiday Concert, and a variety of field trips. It is highly encouraged for students to take chorus for the full year.
Semester 2: Both choirs participate in a Pre-Festival Concert, festival, and Shindig-our pops concert, which involves costuming, singing and dancing. Concerts are an extension of the classroom and attendance is required. Music is selected from many historical periods, cultures and styles. All students will be challenged to improve their individual musicianship. All students
will be provided with the opportunity to experience musical excellence in both daily rehearsals and performances. Additional funds may be required for field trips, tours, concert/theater tickets, etc. You will learn basic singing techniques, sight-reading skills and basic music theory concepts.

**Mixed Chorus (7th and 8th Grade) - 1.0 credit class:** Mixed men’s and ladies voices singing more advanced repertoire.
*Semester 1: Students participate in a Fall concert, Holiday Concert, and a variety of field trips. It is highly encouraged for students to take chorus for the full year.*
*Semester 2: Both choirs participate in a Pre-Festival Concert, festival, and Shindig-our pops concert, which involves costuming, singing and dancing. Concerts are an extension of the classroom and attendance is required. Music is selected from many historical periods, cultures and styles. All students will be challenged to improve their individual musicianship. All students will be provided with the opportunity to experience musical excellence in both daily rehearsals and performances. Additional funds may be required for field trips, tours, concert/theater tickets, etc. You will learn basic singing techniques, sight-reading skills and basic music theory concepts.*

**Fundamentals of Design 1 (7th and 8th Grade) - 0.5 credit class:** In Design I we study each of the Elements of Design/Art. These are a must for anyone who wants to be successful at Design/Art. We will be studying different artists and art styles. We will learn about local artists and what makes their art work for them. We will view different pieces of artwork showing various styles of art, as well as learn about the artists behind the work. I will encourage the students to try the various styles we study and encourage them to gain an appreciation for all kinds of art work.

**Fundamentals of Design 2 (8th Grade) - 0.5 credit class:**
*Prerequisite- Completion of Fundamentals of Design 1.*
Students will focus on the elements and principles of Art. These include line, shape, color, texture, form, and value. Also included are repetition, balance, contrast, unity, and emphasis. They will learn these elements and principles through various assignments designed to reinforce information covered. We will be studying many different artists and art styles. We will learn about local artist, view many different pieces of art work showing various styles of art as well as learn about the artists behind the work. I will encourage the students to try the various styles we study, and encourage them to gain an appreciation for all kinds of art work. I will also integrate math, language arts, various cultures, great masters of art, and other means so they will gain an appreciation for different styles of art.

**Journalism (7th Grade) - 0.5 credit class:** Students will help with the school paper & learn about the different forms of media. Students who take Journalism should have excellent grammar and writing skills.
Career and Technical Education

Intro to Agricultural Science (7th and 8th Grade)- 0.5 credit class: Coming soon!

Digital App Design and Development (7th and 8th Grade)- 0.5 credit class: This exciting new course will introduce students to the world of Digital App design and development. Absolutely no experience is necessary! This course is for any student who is interested in learning the basics of digital applications and gaming. Students will be introduced to basic computer coding languages such as "Scratch" and "Processing" and will learn how to create and program their own apps through "MIT App Inventor" and "Touch Develop". Students will also be introduced to career possibilities in this dynamic field.

Exploring Technology (7th and 8th Grade)- 0.5 credit class: The Exploring Technology class is a hands-on, minds-on, action-based, educational program that will introduce you to technologies related to Communications, Construction, Manufacturing, Biotechnology & Energy/Power technologies. Possible learning activities would include: Tower Design & Construction, Sumo Robotics, 3-D CAD & Home Design, 3-D Modeling, Electronic Labs with Project, Plane Design Challenge, Lego Mindstorm Programming, Model Rocketry & Product Design & Manufacturing.

FACS Exploration (7th and 8th Grade)- 0.5 credit class: During the semester, students will gain knowledge and skills in foods and nutrition (cooking), sewing, interior design, child care, and personal development.

FACS Free Enterprise: Entrepreneurs of Tomorrow (7th and 8th Grade)- 0.5 credit class: This class covers the principals and fundamentals of learning to run your own business. Throughout the course students will do projects, participate in business oriented guest speakers and go on business oriented field trips to help them in the process of becoming the entrepreneurs of tomorrow.

Introduction to Communications: Yearbook (8th Grade)- 1.0 credit class: This class is a communication skills based class that helps develop those communication skills in a real world setting by creating our school Yearbook! Students spend almost all of the time together working in groups, organizing and developing every aspect of the Yearbook. This class teaches communication skills through group collaboration, while also providing unique opportunities for students to work with real life publishing companies. Students learn the importance of teamwork, and personal accountability while meeting hard deadlines. This class will also spend time working on photography and graphic design aspects of communications. (By application only).
Introduction to Film (7th Grade) - 0.5 credit class: This class is for students interested in understanding film making. Using technology, students will enhance their learning of media literacy. The class will cover many forms of electronic media and advertising messages. Upon completing the course, students will know how to come up with an idea, use equipment, editing software, and ultimately create their own films.

Introduction to T.V. Broadcasting (8th Grade) - 0.5 credit class: Students will learn how to brainstorm, use cameras, edit film, and ultimately produce videos which have a message. In this course, students will be responsible for producing the Grizzly News. (By application only).

S.T.E.M. (7th and 8th grade) - 0.5 credit class: This is a new elective available to 8th grade students. STEM stands for Science Technology Engineering & Math. The objective of this course is to explore careers in these associated fields and learn job specific skills. Students who are enrolled in this course will be working with computers and exploring their own personal interests as it relates to STEM. Students will be assigned large projects that require out of class time and personal motivation.

Foreign Languages

Spanish A (7th Grade) - 0.5 credit class: This is an introductory Spanish course. This course explores culture among the many countries around the world that speak Spanish. You will be exposed to Spanish food, culture, music, traditions, holidays, and many more fun things in this course.

Spanish 1 (8th grade) - 1.0 credit class: This is an introductory course to the Spanish language. This is part of the high school Spanish program that prepares students for Spanish 2, setting you on the path to becoming bilingual. You will begin to grasp many important fundamental concepts about this language that is becoming ever more important in today's society.

Spanish for Native Speakers (7th and 8th Grade) - 0.5 credit class: This semester-long course will give those students who already speak Spanish an opportunity to maintain and perfect language skills. Your language is an asset. This course will value you as a Spanish speaker and further the gift of the language that you already have. ¡Espero verle en esta clase! Nos vamos a divertir y aprender mucho.

Social Studies

Humanities: (7th and 8th grade) - .5 credit class: Humanities is the study of human culture. In this class, we will use History, Philosophy, Literature etcetera to examine humanity. We will
study trends in current events, and historical events. We will do individual work, group work, projects, debates etc. to learn to think critically. This class is a fun way to learn how to ask questions.

**Latinos in Action (7th and 8th Grade)- 1.0 credit class**: The purpose of Latinos in Action is to achieve academic excellence, learn career awareness and planning and develop social and cultural identity, while serving younger students as role models, mentors and tutors. *(By application only)*.

**Student Government (8th Grade)- 0.5 credit class**: Students will serve as the leaders of the school’s student population. Students will engage in work that develops positive attitudes amongst the student population; promote harmonious relations throughout the entire school; improve school morale and general welfare; and plan special events or projects. *(By application only)*.

**Student Leadership (7th and 8th Grade Grade)- 0.5 credit class**: Largely based off of the book, *Seven Habits of Highly Effective Teens*, by Sean Covey; Leadership 1 focuses on attitudes and skills that can help students as they begin middle school. Communication skills, decision making, team work and meeting a deadline are some of the skills focused in student leadership.

**Student Leadership 2 (8th Grade)- 0.5 credit class**: Leadership 2 will build upon the principles learned in Leadership 1. We will continue to delve deeper into the Habits for Teens. In addition this will be a mentor class where we will be working with students at Heber Valley Elementary School. You need to be responsible, be excited to work with younger kids and follow through on given assignments. Our Seven Habits align with their 7 principles from "A Leader in Me." Come find out what meaningful service will add to your life!

**Supplemental / Support Classes**

*Seventh and Eighth grade students are selected through the analysis of very specific criteria for placement into these classes. Students are encouraged to remain in a supplemental class until they have acquired the skills they need to be successful without the additional support.*

**Math Support (7th and 8th Grade Grade)- 0.5-1.0 credit class**: This class is an "addition too" class which means students would have a regular math class with this class as an additional support a different period. They will learn grade level material in the regular class and utilize the support class to either catch up on previous skills missed or pre-teach skills required for upcoming units in the regular class.

**Reading Support (7th and 8th Grade Grade)- 0.5-1.0 credit class**: This class is an "addition too" class which means student would have a regular English class with this class as an additional support a different period. They will learn grade level material in the regular class and utilize the
support class to either catch up on previous skills missed or pre-teach skills required for upcoming units in the regular class.

**Study Skills (7th and 8th Grade Grade)- 0.5-1.0 credit class:** This class is designed to support students who have demonstrated great need of additional skill instruction in the following areas; organization, study habits, and time management. Students will spend part of the period working on specific skill deficits from the previously mentioned list as well as applying those skills to content area classes and homework.