

Times	Monday	Tuesday	Wednesday	Thursday	Friday
5:45 – 6:30 AM		<u>Water Aerobics</u> Activity Pool Teacher: Krisann			
9:00-10:00 AM	<u>Deep Water</u> Competition Pool Teacher: Krisann	<u>Aqua Zumba</u> Activity Pool Teacher: Sarah	<u>Water Aerobics</u> Activity Pool Teacher: Krisann	<u>Boga Mats</u> Competition Pool Teacher: Krisann	<u>Aqua Zumba</u> Activity Pool Teacher: Sara
		<u>Floga Fit</u> Competition Pool Teacher: Elise		<u>Ladies' Swim Class</u> Competition Pool Teacher: Tonya	
12:00 - 1:00 pm		<u>Rusty Joints</u> Therapy Pool Teacher: Britt		<u>Rusty Joints</u> Therapy Pool Teacher: Britt	
7:00-8:00 PM		<u>Water Aerobics</u> Activity pool Teacher: Krisann		<u>Deep Water</u> Competition Pool Teacher: Krisann	