WHS Counseling Center

SERVICES: The Wasatch High School Counseling Center provides many services for our student body, parents, and teachers. Services offered by the counseling center are listed below and may include, but are not limited to:

- Individual appointments with your counselor
- Academic concerns
- ACT Information
- Career choice questions
- College admissions and information
- Credit evaluations
- Credit make-up options
- Crisis counseling
- Information about financial aid
- Assistance with college forms-applications, scholarships, etc.
- Job information
- Letters of recommendation
- Scholarship information
- Plans for College and Career Readiness
- Individual concerns
- NCAA information

Counselors have an open door policy. You may visit us anytime during the school day, pending teacher permission while in class. The Counseling Center is open during school hours. Appointments may also be made ahead of time with your counselor.

WHO IS MY COUNSELOR? Counselors are assigned to students by alphabet, and as a senior, YOU MUST see your assigned counselor so that they can track your progress towards graduation. Please make note of your assigned counselor:

Larry Huntington A-Di
Dan Dahl Do-I
Colleen Cummings J-O
Stephanie Clark P-T
Rob Willardson U-Z

Counseling Staff: Holly Broadhead- Registrar
Karri Oldham- CTE Secretary
Becky Mossman- Work Based Learning Coordinator
Jodi Nichter & Jenny Pinter-District At-Risk Counselors
UVU Educational Talent Search and Upward Bound Office

Contact Us: You may call us at 435-654-0640 or fax 435-657-0074. Individual email addresses can be found on the school website.
## WHS SENIOR TIMELINE

<table>
<thead>
<tr>
<th>SEP</th>
<th>OCT</th>
<th>NOV</th>
<th>DEC</th>
<th>JAN</th>
<th>FEB</th>
<th>MAR</th>
<th>APR</th>
<th>MAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABC’s of Scholarship Newsletter</td>
<td>College Tour</td>
<td>ABC’s of Scholarship Newsletter</td>
<td>EdNet/UVU registration opens for 2nd semester classes.</td>
<td>1—BYU priority admissions deadline</td>
<td>1—BYU admissions deadline</td>
<td>1—Regents Scholarship Deadline</td>
<td>1—SUU admissions deadline</td>
<td>Senior Recognition Night: 28-Graduation AP Testing ABC’s of Scholarships Newsletter</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

### Other College Admission info:

- **Dixie State Univ.** - Open admission
- **Salt Lake Community** – TBA August (before fall semester to begin)
- **Snow College** - Open
- **CEU** - Open
- **UVU** – TBA-August (before the fall semester to begin)

We recommend all students take the ACT twice! If you have not taken the ACT twice, please register for the June or September ACT. [www.actstudent.org](http://www.actstudent.org)

*Dates are not official! They are subject to change.*
Required Credit: The following is an outline of credit needed in various subject areas to meet the Wasatch County School District’s graduation requirements. Questions concerning requirements may be answered by your counselor. As part of Wasatch High School’s mission statement, we prepare ALL students to be college and career ready, so these requirements apply to ALL students!

<table>
<thead>
<tr>
<th>SUBJECT AREA</th>
<th>CREDIT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Art (English)</td>
<td>4.0</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3.0</td>
</tr>
<tr>
<td>Science</td>
<td>3.0</td>
</tr>
<tr>
<td>Social Studies</td>
<td>3.0</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>1.5</td>
</tr>
<tr>
<td>Physical Education</td>
<td>1.5</td>
</tr>
<tr>
<td>Health Education</td>
<td>.50</td>
</tr>
<tr>
<td>Computer Technology</td>
<td>.50</td>
</tr>
<tr>
<td>Financial Literacy</td>
<td>.50</td>
</tr>
<tr>
<td>Career and Tech. Education</td>
<td>1.0</td>
</tr>
<tr>
<td>Electives</td>
<td>9.5</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>28.0</strong></td>
</tr>
</tbody>
</table>

Foreign Language: Although foreign language is not a graduation requirement, it is necessary to take 2 years of the same foreign language while in high school to be eligible for the Regents’ Scholarship. 2 years of a foreign language is also recommended for college bound students. However, University of Utah is the only college in our state that requires it for admittance. If you are planning on going out of state for college, you will need to check with that particular institution for their foreign language requirement.
Credit Make-up Options

Wasatch High School offers a few different programs to help students who have fallen behind in credit. Counselors will help students choose which program will work the best for them. Please visit with your counselor to determine which credit is needed to make up and which program the student will use. Please note that once an “F” is on a student transcript, it cannot be replaced with a higher grade. Make up credit will be posted and a “P” will be given, which does not affect a student’s GPA.

1. **Credit Recovery**: offered by discretion of the teacher, is designed to help students recover credit in their class. Teachers will design curriculum on an individual basis that meets the need of the student. Credit recovery must be completed within the time limit set by the teacher and is not to exceed the end of the following term.

2. **Night School/Summer School**: These two programs utilize our district online curriculum. Students must visit with their counselor to determine which courses they will be working on. The program facilitators will determine coursework deadlines on an individual basis. Night school is held at Wasatch North Campus, Tuesdays/Thursdays from 3:00p.m. -5:00p.m. A $60 registration fee is required and is effective for one year. In addition, a $20 fee is required upon completion of every .25 credit a student earns. Summer school dates are to be announced towards the end of the school year. Credit for Night School/Summer School is not posted until program fees are paid.

3. **Online options**: You may choose to pursue your own online education to make up credit. The online institution must be nationally accredited in order for Wasatch High to accept credit from it. Two institutions that have been widely used by our students are BYU Independent Study and Utah Electronic High School. Counselors have more information on these programs if you are interested.

4. **Wasatch North Campus**: This program is reserved for students who are at risk of not graduating. A student must be referred by a counselor to participate in this program. Wasatch North Campus is located on 600 South in Heber, by the WHS tennis courts.
College Credits in High School

Earning college credits while in high school is a great way to save time and money in the future. WHS offers four(4) ways to earn college credit while you are a student at Wasatch High.

**CONCURRENT ENROLLMENT:** Some of our high school courses are labeled “CE” for concurrent enrollment. A student may enroll in these high school courses and choose to earn college credit in addition to their high school credit. College credit is awarded on a UVU transcript.

**EdNET:** EdNet is our name for distance learning. These are college classes that are broadcast to us from the Orem UVU campus. It is a live, interactive broadcast. You must maintain a 3.0 GPA to enroll in these classes. EdNet classes often fulfill general education requirements in college. The EdNet schedule does not align with the WHS bell schedule, therefore it is imperative you meet with your counselor to arrange a schedule that works for you. You must enroll for these classes online through UVU, having it simply printed on your WHS schedule does not mean you are enrolled in the class! College credit is awarded on a UVU transcript.

*There is a fee of $5/credit payable to UVU for CE and EdNet courses.

**ADVANCED PLACEMENT:** “AP” courses are considered to be the most rigorous at WHS. We offer over a dozen AP courses at WHS. Students earn high school credit and can opt to pay a fee to take the AP test in the spring, which awards college credit on a sliding scale, based on the test score. Each college institution can accept and use AP credit as it so chooses. Check with the schools you are interested in to see how they accept and use AP credit.

**MOUNTAINLAND APPLIED TECHNOLOGY COLLEGE:** The “MATC” offers programs to high school students. Students who enroll in MATC programs have an opportunity to earn state certification in that program area. Some program credit can be transferred to UVU to continue a student’s college education. MATC programs offered in Wasatch County include Auto classes, Certified Nurses Assistant, Pharmacy Tech and Dental Assistant. WHS students may choose to enroll in MATC programs that are located in Utah County as well. WHS students earn high school elective credit while enrolled in these classes. High school credit is determined by the amount of hours required of the program. Program fees vary. Your counselor has a complete listing of programs offered by the MATC.
THINGS TO KNOW ABOUT COLLEGE CREDIT:

- You must apply for admissions through UVU to enroll in CE or EdNet courses. There is a $35 application fee.
- CE and EdNet course credit begins a permanent college transcript, and therefore, it is critical that you earn high marks in these classes.
- There is a $5 fee/credit. Most classes will be $15, check your UVU enrollment to confirm course fees.
- You must maintain a 2.5 or higher GPA to avoid being placed on academic probation by UVU.
- You may take up to 30 college credits per year. Full tuition must be paid for any amount over 30.
- When dropping a class, the student must WITHDRAW FROM THE CLASS THROUGH UVU, which can be done through their UVU account online. Failure to withdraw correctly could result in a UW, which impacts your GPA.

Application Process

Applying to colleges may be overwhelming. Here is an outline of the typical application process. Please understand that this is a general process, individual school requirements may vary. Check with the colleges you are applying to for specific application materials required.

1. **Fill out** the online application for the college(s) of your choice.
2. **Pay** the application fee.
3. **Submit letters of recommendation** if necessary. If you are asking for letters of recommendations from teachers, counselors, or administrators, please fill out the yellow Personal Data form found in the counseling center. This is to help them write an excellent recommendation for you! Give them a copy of the Personal Data form, the due date of the letter, and instructions on where to send it or how to submit it.
4. **Submit your Wasatch High Transcripts.** How do you do this? Simple! There is a transcript request sign-up sheet in the counseling center. All you need to do is put your name on it and the college you would like your transcript sent to, and our registrar will send it for you! If you are headed to an out of state institution, please provide the registrar with a mailing address or fax number to send it to.
5. **Submit your UVU transcripts**, if you have ever taken a concurrent enrollment or EdNet class while at Wasatch High School. Simply log in to your UVU link account, go in to the ‘student’ tab, then ‘records’, and you may submit a transcript request from there.

**DEFERMENT** - if you are not planning on attending college the following fall semester after graduation, you may seek a deferment. A deferment holds your admission status and/or school scholarships for a designated time until you are ready to return. A deferment may be used for missionaries, Peace Corps, military enlistment, and more. Apply to the school of your choice, and then upon acceptance, apply for a deferment.
ACT

Your ACT score will be used for admissions, scholarship eligibility, and course placement.

**ADMISSIONS**: Here in Utah, the ACT is the common exam used among all the institutions. It covers four subject areas: English, Mathematics, Reading, and Science. There is an optional writing portion. You must check with each college you are interested in, to see if they require the written portion of the ACT. Colleges in Utah DO NOT require this.

Every junior has the opportunity to take the ACT in March at Wasatch High School. We recommend that students take it a second time in the spring of their junior year. If unable to do so, we advise the fall of their senior year. Students may go to [www.actstudent.org](http://www.actstudent.org) to create a new student profile and select their testing date and location. The required school code to register is **450-125**.

**What is a good ACT score?** How high of a score do you need? Here is a table of average ACT scores for the Utah schools. These scores do not guarantee admissions or scholarships, and should only be used as a reference.

<table>
<thead>
<tr>
<th>College</th>
<th>Average GPA</th>
<th>Average ACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>BYU</td>
<td>3.8</td>
<td>27</td>
</tr>
<tr>
<td>CEU</td>
<td>Open</td>
<td>open</td>
</tr>
<tr>
<td>DIXIE</td>
<td>Open</td>
<td>Open</td>
</tr>
<tr>
<td>SLCC</td>
<td>Open</td>
<td>Open</td>
</tr>
<tr>
<td>SNOW</td>
<td>Open (3.5)</td>
<td>Open(21)</td>
</tr>
<tr>
<td>SUU</td>
<td>3.2</td>
<td>22</td>
</tr>
<tr>
<td>MATC</td>
<td>Open</td>
<td>No requirement</td>
</tr>
<tr>
<td>U of U</td>
<td>3.6</td>
<td>24</td>
</tr>
<tr>
<td>USU</td>
<td>3.5</td>
<td>25</td>
</tr>
<tr>
<td>UVU</td>
<td>Open</td>
<td>Open</td>
</tr>
<tr>
<td>Weber</td>
<td>2.5</td>
<td>18</td>
</tr>
<tr>
<td>Westminster</td>
<td>3.3</td>
<td>23</td>
</tr>
<tr>
<td>LDS Business</td>
<td>Open(3.14)</td>
<td>No requirement(21)</td>
</tr>
</tbody>
</table>
## ACT TEST DATES

**Test Dates in the U.S., U.S. Territories, and Canada**

### 2014-2015

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>(Late Fee Required)</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 13, 2014</td>
<td>August 8, 2014</td>
<td>August 9–22, 2014</td>
</tr>
</tbody>
</table>

ACT PREP Resources:

- [www.actstudent.org](http://www.actstudent.org)
- [www.utahfutures.org](http://www.utahfutures.org)
- [www.shmoop.com](http://www.shmoop.com)
- [www.number2.com](http://www.number2.com)

**there is a free ACT app on itunes that offers practice questions.**

Full length ACT practice tests are available in the counseling center.
$CHOLARSHIP INFORMATION$

The counseling center provides a monthly ABC’s of Scholarships newsletter available to students (and parents!). Newsletters are distributed to students in their senior English class (English 12, Business Comm., AP English, English 1010, and Journalism). If you do not receive a newsletter in class, you are welcome to pick one up in the counseling center. The ABC’s provide an outline of how to make the most efficient use of your time when finding scholarships. In summary, the ABC’s search outlined as follows:

A- Ask your parents to check with their employer to see if they offer a scholarship to their employee’s children

B- Begin your search! Start with the colleges you are interested in by checking their websites.

- There are three types of scholarships managed by colleges.
  - The first is academic, which is based on GPA and ACT. Academic scholarships are usually applied for when you apply for admissions.
  - The second are private scholarships managed by the school and can be found by searching on the institution’s scholarship and financial aid webpage.
  - Other scholarships may be found on major specific webpage.
- Please check with the colleges you are interested in for their scholarship deadlines.

C- Continue the search; broaden your search to the internet. A variety of websites is listed on the ABCs of Scholarships newsletter.

  There are two main types of scholarship searches; by profile or by key word search. A profile asks you a series of questions about you, which is used to match scholarships to you. A key word search is done by typing in a word or short phrase, which then pulls up scholarships that match that request. Key word searches allow you to be a little more creative; using words related to hobbies, interests, skills, etc.

D- Don’t forget to attend Financial Aid Night in January, where you will learn crucial information about Federal Financial Aid

E- Explore options: additional scholarships are posted in the counseling center. These are scholarships that are sent to our office and may not be found on the internet. Eligibility requirements are written in the newsletter. If you would like to apply, you may do so online if the website is given, or pick up a hard copy of the application in the counseling center.

Please refer to the ABC’s of Scholarships newsletter for details regarding the above information.
Other tips about searching for scholarships:

- **Get organized!** Keep a record of which scholarships you have applied for, upcoming deadlines, copies of essays, transcripts, and anything else related to scholarships in one place. We recommend a file to keep everything in one place.

- **Don’t be afraid to write essays!** These scholarships usually have fewer applicants, which means your chances of being awarded the scholarship increase. Keep several copies of your essays. You may be able to use it for more than one scholarship. Save your essay on your computer. You may only need to edit a little bit to use for another application, which is better than rewriting the entire essay!

- **Don’t be afraid to brag!** Remember, you are competing against hundreds and sometimes thousands of students for scholarships. You need to make yourself stand out on the application and/or essay. Don’t be afraid to mention awards and accomplishments you have achieved!

- **Have a brainstorming session:** Think about all the clubs and activities you have been a part of. Write down all the awards and achievements you have earned. List your unique qualities (ethnicity, religion, left-handed, musical talents, etc.). Remember to think about the obvious things like where you live, what you want to study, and sports you have played. After that, brainstorm family related items like relatives who are military active duty or veterans, any illnesses, ancestry, union membership, and the list goes on and on! Think outside the box! These lists can give you more scholarship opportunities to apply for!

- **Set aside time**: Deadlines are constantly coming and going during your senior year. With a weekly scholarship search time, you will be able to keep track of upcoming deadlines and also view new scholarships that are posted.

- **Don’t pay for someone to do the work for you!** There are many websites that advertise a guaranteed scholarship for a fee. Those solicitors are using the same free websites that you can use on your own! They may guarantee a scholarship, but it will likely not be to an institution you want to attend!

**Where to Search for Scholarships**

Here are a few recommended internet scholarship search websites. Please note that these websites are free! We recommend registering with a new, temporary email to avoid cluttering your personal inbox from their sponsors.

- [www.utahfutures.org](http://www.utahfutures.org)
- [www.collegeboard.com](http://www.collegeboard.com)
- [www.scholarshipexperts.com](http://www.scholarshipexperts.com)
- [www.fastweb.com](http://www.fastweb.com)
- [www.collegenet.com/mach25](http://www.collegenet.com/mach25)
Federal Financial Aid is, at times, overwhelming to those that are not familiar with it. The table below should help you to understand the different opportunities under the Federal Financial Aid umbrella.

### FEDERAL STUDENT GRANT PROGRAMS

The federal government provides grant funds for students attending colleges, career schools, and universities. Grants, unlike loans, do not have to be repaid. The major federal student aid grant programs are briefly described below:

<table>
<thead>
<tr>
<th>Federal Grant Program</th>
<th>Program Details</th>
<th>Annual Award (subject to change)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Pell Grant</td>
<td>Generally awarded to undergraduate students who are financially needy and who have not earned a bachelor's or graduate degree. Federal Pell Grant eligibility is limited to 12 semesters, or the equivalent.</td>
<td>Up to $5,645</td>
</tr>
<tr>
<td>Federal Supplemental Educational Opportunity Grant (FSEOG)</td>
<td>Awarded to undergraduate students who have exceptional financial need and who have not earned a bachelor's or graduate degree. Federal Pell Grant recipients receive priority. Not all colleges participate in the FSEOG program. Funds depend on availability at the college; apply by your college’s deadline.</td>
<td>Up to $4,000</td>
</tr>
<tr>
<td>Teacher Education Assistance for College and Higher Education (TEACH) Grant</td>
<td>For undergraduate, postbaccalaureate, or graduate students who are or will be taking courses necessary to become elementary or secondary teachers. Must agree to serve, for a minimum of four years (within eight years of completing academic program), as a full-time teacher in a high-need field in a school or educational service agency that serves low-income students. Must attend a participating college and meet certain academic achievement requirements. Failure to complete the teaching-service commitment will result in the grant funds being converted to a Direct Unsubsidized Loan that must be repaid. For more information, see the TEACH Grant Fact Sheet at <a href="http://www.teachgrant.ed.gov">www.teachgrant.ed.gov</a></td>
<td>Up to $8,726 Required budget cuts have resulted in reduced annual award amounts for TEACH Grants. For more information, go to StudentAid.gov/about/announcements/aequarestration</td>
</tr>
<tr>
<td>Iraq and Afghanistan Service Grant</td>
<td>For students whose parent or guardian was a member of the U.S. armed forces and died as a result of performing military service in Iraq or Afghanistan after the events of 9/11. Must be ineligible for a Federal Pell Grant due only to having less financial need than is required to receive Pell funds. Must have been less than 24 years old or enrolled at least part-time at an institution of higher education at the time of the parent's or guardian's death.</td>
<td>Up to $5,081 Required budget cuts have resulted in reduced annual award amounts for Iraq and Afghanistan Service Grants. For more information, go to StudentAid.gov/about/announcements/aequarestration</td>
</tr>
</tbody>
</table>

Looking for more sources of free money? Try StudentAid.gov/scholarships for tips on where to look and for a link to a free online scholarship search.
What kinds of federal student loans are available?

<table>
<thead>
<tr>
<th>Federal Loan Program</th>
<th>Loan Details (subject to change)</th>
<th>Annual Award (subject to change)</th>
</tr>
</thead>
</table>
| Federal Perkins Loan | • For undergraduate and graduate students  
• Eligibility depends on student's financial need and availability of funds at the college  
• Interest is 5%  
• College is the lender; payment is owed to the college that made the loan | Undergraduate students: up to $5,500, graduate and professional students: up to $8,000  
Total amount may not exceed $27,500 for undergraduates and $60,000 for graduate students (including amounts borrowed as an undergraduate)                                                                                                                                                                                                                                                                                                                                                     |
| Direct Subsidized Loan | • For undergraduate students who are enrolled at least half-time* and demonstrate financial need  
• Interest is 6.8% for loans made on or after July 1, 2018 (lower rates may apply to loans made before this date)  
• Student is not charged interest on the loan while in school at least half-time and during deferment periods  
• The U.S. Department of Education (ED) is the lender; payment is owed to ED | $3,500–$5,500, depending on grade level  
For total lifetime limit, go to StudentAid.gov/sub-unsub                                                                                                                                                                                                                                                                                                                                                                                   |
| Direct Unsubsidized Loan | • For undergraduate and graduate students who are enrolled at least half-time*, financial need is not required  
• Interest is 6.8%  
• Student is responsible for interest during all periods  
• ED is the lender; payment is owed to ED | $5,500–$20,500 (less any subsidized amounts received for same period), depending on grade level and dependency status  
For total lifetime limit, go to StudentAid.gov/sub-unsub                                                                                                           |
| Direct PLUS Loan     | • For parent of dependent undergraduate students and for graduate or professional students; financial need is not required  
• Student must be enrolled at least half-time* and must be either a dependent undergraduate student who is taking out a Direct PLUS Loan or a graduate or professional student who is receiving a Direct PLUS Loan  
• Interest is 7.9%  
• Parent of dependent undergraduate student must not have adverse credit history  
• Borrower must not have negative credit history  
• Borrower is responsible for interest during all periods  
• ED is the lender; payment is owed to ED | Maximum amount is cost of attendance minus any other financial aid student receives; no minimum amount                                                                                          |
Regents’ Scholarship

Qualifications For Each Award

**Base Award (maximum value $1500 one-time payment)**

1. Complete the Utah Scholars Curriculum during grades 9-12 as listed below.
2. Earn a cumulative 3.0 high school GPA.
3. Earn no individual grade listed on the official transcript(s) lower than a “C” in the required core courses.
4. Submit at least one ACT test score (Residual ACT tests and the SAT are not accepted).
5. Be a United States citizen, or a noncitizen eligible for federal student aid. (In compliance with Title IV, verification of a student’s lawful presence in the United States is required as part of the application process.)
6. Have no criminal record except misdemeanor traffic citations.
7. Enroll in 15 or more college credit hours at an eligible Utah institution of higher education during Fall semester immediately following high school graduation or obtain an approved deferment. See the Deferment and Leave of Absence Guide on the website for more information.

**Exemplary Academic Achievement Award (flat dollar amount, maximum value $1250 per semester for up to four semesters)**

In order to qualify for the Exemplary Academic Achievement (EAA) award, an applicant must meet the Base Award requirements, plus the following requirements:

1. Have a cumulative 3.5 high school GPA.
2. Have no individual grade listed on the official transcript(s) lower than a “B” in the required core courses.
3. Have an ACT score of 26. (Residual ACT tests and the SAT are not accepted).

Those who earn this award must renew it each semester by enrolling and successfully completing 15 credits with a 3.3 semester GPA. This award can be renewed for four semesters, 65 credits or completion of a baccalaureate degree, whichever is sooner. To learn more see the Rules for Renewing.

**Utah Educational Savings Plan Supplemental Award (maximum value $400)**

To be considered for the Utah Educational Savings Plan (UESP) supplemental award, you must first qualify for the Base Award. The amount of the UESP supplemental award is determined by the annual contributions made to your Utah Educational Savings Plan Trust account while you were 14, 15, 16 and 17 years old. To maximize the UESP supplemental award a contribution of $400 or more per year is needed to be made to your UESP account.

The UESP supplemental award is added to a recipient’s total Regents’ Scholarship award; it is not deposited into the student’s UESP account. Visit www.uesp.org for more information regarding the Utah Educational Savings Plan program.

**Required Courses**

- 4 credits of English
- 4 progressive credits of Mathematics At minimum Secondary Math 1, Math 2, Math 3 and one class beyond Math 3 must be completed.
  (If completing the old math curriculum a student must complete at minimum Algebra 1, Geometry, Algebra 2 and one class beyond Algebra 2.)
- 3.5 credits of Social Science
- 3 credits of lab-based Science, specifically one each of Biology, Chemistry, and Physics
- 2 progressive credits of the same World Language, other than English, during grades 9-12

www.regentsscholarship.org  801-321-7159  regentsscholarship@ushe.edu
Regents’ Scholarship con’t.

Please note, some classes offered by WHS within the Math, English, Science, and Social Studies areas DO NOT qualify for the Regents’ Scholarship. Please check with your counselor to make sure the classes you are enrolled in are approved by this scholarship program.

A full Regents’ Scholarship Program Guide is available online at [www.regentsscholarship.org](http://www.regentsscholarship.org)

Other Regents’ Scholarship Information:

- To apply, you must *print* the application from the above listed website, complete and mail in.
- In addition to the application, you must include the following:
  - An official high school transcript, signed and sealed
  - ACT scores, found on your transcript
  - Transcripts from any other institution you have attended (including any high school you have attended other than Wasatch High)
  - Official college transcripts if you have taken any concurrent classes or EdNet classes that fulfill the Regents’ Scholarship requirements. You may request a UVU transcript from your personal UVU account online. They must be signed and sealed.
- Be sure to have your counselor sign your application or it will not be complete.

It is the students’ responsibility to inform the counselor that they are pursuing the Regents’ Scholarship. Counselors can only advise students about the approved classes for the Regents’ Scholarship, they cannot guarantee the award, even if it appears that all requirements are met. **ALL questions concerning the Regents’ Scholarship should be directly referred to the Regents’ Scholarship office at 801-321-7294.**
If you wish to participate in NCAA Division I or II athletics, you need to be certified by the NCAA Eligibility Center. You need to qualify academically and you will also need to be cleared as an amateur student-athlete. You are responsible for achieving and protecting your eligibility status! Here is a checklist to become eligible:

**Checklist for College-Bound Student-Athletes**

- Register at the beginning of your sophomore year at [www.eligibilitycenter.org](http://www.eligibilitycenter.org).
- Ask your high school counselor to send your transcript to the NCAA Eligibility Center at the end of your junior year.
- Take the ACT or SAT and use the code "99999" to have your official scores sent directly to the NCAA Eligibility Center.
- Check with your high school counselor to make sure you are on track to graduate on time with your class and are taking the required amount of NCAA-approved core courses.
- Request final amateurism certification during your senior year (beginning April 1).
- Ask your high school counselor to submit your final transcript with proof of graduation.

**The NCAA salutes more than 450,000 student-athletes participating in 23 sports at more than 1,100 colleges/universities**

**2013-14 Path to the Student-Athlete Experience**

If you wish to participate in NCAA Division I or II athletics, you need to be certified by the NCAA Eligibility Center. You need to qualify academically and you will also need to be cleared as an amateur student-athlete. You are responsible for achieving and protecting your eligibility status!
Feel free to visit with your counselor if you have questions concerning NCAA!
Calendar for College Planning

Frustrated about where to start your college planning? We have created a checklist for you that will help you stay organized and remind you of important items to aid in your college planning.

Hopefully, you have started your planning in your junior year. If you haven’t, it is not too late! Jump in and get started. We begin with a list of items you may have done in 11th grade; review those items and complete the ones that apply to you. This is a great way to get started!

**FALL of 11th grade:**

- Review your course schedule for your senior year. Ask yourself, “Am I on the right track? Am I following a preparatory program for the college of my choice?” Make sure that you are taking the necessary courses to meet most college admission requirements.
- **OCTOBER:** Take the PSAT/NMSQT at Wasatch High School. This is a practice college board test and will possibly qualify you for National Merit Scholarship consideration. The top 10% of the class are contacted to participate in this test, although anyone who would like to take the test may contact a counselor to do so.
- Read-Talk-Listen- Read and collect information about a variety of colleges. Talk to the college representatives that visit Wasatch High School. Talk to teachers who have attended the schools you are interested in. Visit open houses of colleges that interest you. Make an appointment with your counselor for more information about the colleges you are interested in.
- If you are considering a major in an art-related area, you may want to start organizing a portfolio of your work. Portfolios may be used for scholarships and admissions, depending on the school(s) you are applying to.

**SPRING of 11th grade:**

- Take the ACT. Wasatch High School provides an ACT testing opportunity to all 11th grade students in March. It is strongly recommended to take the ACT two times, the 2nd time being in April or June of your 11th grade year. Visit [www.actstudent.org](http://www.actstudent.org) to register for upcoming test dates. Wasatch High School ACT code is 450-125. The closest testing center to Wasatch High School is the UVU Wasatch Campus.
- Interested in the military? Visit with the recruiters that are assigned to Wasatch High. We have representatives from all military branches that visit the school throughout the year. If you need help contacting a recruiter, visit your counselor for assistance.
- Use a college comparison chart, begin to fill in information such as tuition, deadlines, etc.
- Take a campus tour! Use the summer after your junior year to visit college campuses you are interested in.
- Have a job? Start saving money for college if you haven’t already begun to do so.

**FALL of 12th grade:**

- Meet with your counselor for a senior interview. Review your credit evaluation report by accessing SIS online to check that you are on track with all credit and requirements for graduation. Seniors at-risk of not graduating will be contacted by their counselor before the start of school to create an academic plan that will provide them an opportunity to work towards graduation.
If you are planning on playing division I or II sports in college, make sure you meet all NCAA eligibility requirements.

Narrow your college list down to approximately 6 schools

Take the ACT a 2\textsuperscript{nd} time if you have not already done so.

Check the admissions requirements for the colleges you are interested in. Make sure you have enrolled in the correct high school courses required for admissions.

Check to make sure you have taken the required courses necessary if you are applying for the Regents’ Scholarship

Search for scholarships

Visit the websites of the schools you are applying to in order to create an account necessary for the application process. You may begin to fill out the online application. Write the application deadline on your calendar!

Send you transcripts to the schools you are applying to. Visit the counseling center to do so. There is a sign up sheet on the counter, put your name on it and the school you would like your transcript sent to and the registrar will send them for you!

Write college essays for admissions. Ask adults to help you with editing, proofreading, etc.

Continue to visit with college representatives, attend open houses, and go on campus tours.

Some colleges may have early decision deadlines, check the schools you are applying to for upcoming deadlines (usually November 1)

Contact school counselors, teachers and administrators if you are in need of letters of recommendations. The earlier you contact them, the better. They get numerous requests for letters of recommendations and need ample time to get them done by the application deadlines! Students must fill out a student information form, found in the counseling center, and return it to the person who is writing the letter of recommendation.

If you are planning on going straight into the workforce, set up appointments with companies that interest you.

\textbf{December-} Many schools have a priority deadline of December 1\textsuperscript{st}. Check to see if the schools you are applying to have a priority deadline!

If you are eligible for the Regents’ Scholarship, complete your application for the December 19\textsuperscript{th} priority deadline

\textbf{January-} Attend Financial Aid night to learn important tips and facts about scholarships and federal financial aid.

Complete any applications for admissions or scholarships that have a February 1\textsuperscript{st} deadline.

Review your schedule for 2\textsuperscript{nd} semester, make sure any schedule change does not jeopardize your graduation status or eligibility for Regents’ Scholarship.

Did you apply to any schools using the Common Application? They may require a mid-year report. Visit with your counselor to ensure it has been submitted.

\textbf{SPRING of 12\textsuperscript{th} grade:}

\textbf{February-} Many colleges have an application deadline of February 1\textsuperscript{st}. Don’t miss it! Check the schools you are applying to for their deadlines.

Attend the FAFSA night for assistance in filling out the FAFSA application.
You should begin to hear back from the schools your applied to earlier in the fall, fill in a college comparison chart with the amount of tuition, the amount of scholarships you have been awarded, and living expenses to help finalize your decision.

Continue to search for scholarships.

Return your letter of intent, if necessary, and/or complete online confirmation of your acceptance and register for fall classes at the college you will be attending!

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**College Choice: Things to Consider**

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**Does the college offer the program you are interested in?**

Not all schools offer all majors! Make sure the college you are attending offers the program you are interested in!

**What kind of college are you interested in?**

Colleges offer skills certificates, two year associates degrees, four year bachelor degrees, and beyond. You need to consider what career you are preparing for and the level of education needed for that career.

**Do you want to attend a large or small school?**

Smaller colleges tend to have easier admissions process (and sometimes open admissions), smaller classes that allow for a relationship with faculty, more students involved in school activities, stronger bonds with classmates, easier access to classes due to fewer students competing for enrollment.

Larger schools typically provide more cultural diversity among their student body, a greater range of programs offered, more extracurricular activities, more opportunities for research and graduate studies.

**Do you want to live close to home or move away?**

This decision may be based on financial need. Consider tuition, fees, books, housing, food, transportation, and entertainment when deciding on the proximity of the college you might attend.

**Can you afford it?**

What kind of scholarships are you eligible for? How much have you saved for college? Will you have to work while going to school? Are you living at home? These are good questions to ask as you evaluate your financial situation.
Take a campus tour

Environment of a school can play a major role in your decision. Visit the campus to see what the environment is; is it park-like with a lot of trees, or is it more metro with a lot of high buildings and cement? Are there student activities going on? Is there a common student ‘hang out’? Is the housing close to campus? Are students biking and walking or do they mostly drive? These are some things that contribute to the environment of the school.

Once you’ve gather all your information, visited the campus, evaluated your finances and checked to see if they offer your major, how do you make your final decision?

First, use the information you have gathered to eliminate some of the colleges you were interested in. Did one school cost significantly more than another? Was one campus too far removed from city life? Let the obvious factors help you decide.

Second, use reason to help in your decision. Apply to the colleges you know you can afford if you get accepted to, have a reasonable chance of getting accepted to, and make sure that they offer your major.

Third, listen to your heart. Your instincts and intuition, or “following your gut feeling” plays a big part in the decision making. You need to feel good about the schools you are applying to. This is why campus tours are important. You usually won’t get a ‘gut feeling’ until you are on campus, walking in and around the buildings and among the students.

How many colleges should you apply to? That is entirely up to you! We recommend 3 or 4 colleges, so that you have a few to choose from, pending their acceptance. Don’t make a hasty decision, take time to think about where you will most fit in, can afford, complete your education, and be happy!
COLLEGE ADMISSIONS TIPS

1. Start the admissions process EARLY! Visit college websites, become familiar with their admissions requirements such as high school courses needed and ACT scores required. Write down admission deadlines and scholarship deadlines. Find out if they have a separate scholarship application or if academic scholarships are automatically considered with your admissions application.

2. Start a college file for organizational purposes. Fill out a student information sheet (found in counseling center) and keep it in the file. This will be handy for you when you are completing your applications. It will also be nice to have ready when you need to give it to a teacher or counselor for a letter of recommendation. Put all other college information such as brochures from the counseling office, college comparison sheet, etc. in the file.

3. Gather letters of recommendation early! Teachers, counselors, and administration are asked by numerous students for letters, and those letters usually all have the same, or close to the same, deadline. Be considerate of their time by giving your student information sheet to them early so they have plenty of time to get it done prior to the deadline. Be sure to let them know if it will be an online recommendation via email, or if they need to mail it in. If they need to mail it, please give them a stamped envelope with the address already written on it to the college they need to send it to.

4. Write essays early! Give yourself time to rewrite. Visit with your English teacher for editing and revision help. Make multiple copies and put them in your college file.

Application Tips

1. The majority of colleges use online applications now, which can be found on their website.
2. If using a hard (paper) copy, type or use black ink. Neatness is very important.
3. Make sure you do not leave anything blank on your application.
4. Some applications may require a counselor’s signature. Visit them early.
5. Sign and date your application.
6. Pay for your application online, or use a check when mailing in a hard copy.
7. Have someone proofread your work. Keep a copy of all application materials.
8. Submit or mail the application well in advance of the deadline. They will not accept late applications.
9. Have a transcript sent to the colleges you are applying to. You may do this by putting your name on the transcript request list in the counseling center.
10. If you have taken any concurrent enrollment or EdNet classes, you must also submit or mail in a UVU transcript. You may do this by logging in to your UVU link, click on the “student” tab, “records” tab, and “request a transcript”, then fill out the required information.
Application Do’s and Don’ts

DO READ DIRECTIONS: Pay attention to directions for each application; they are not all the same! For example, essays may have a word limit.

DON’T RUSH: Hurrying through your application may cause you to miss key sections, misspell, and overlook typos.

PAY ATTENTION TO DEADLINES: Colleges do not accept late applications, period! Double check deadlines, set reminders a few days before to give yourself enough time to fix any mistakes, change any information you need to and mail it in before the deadline!

DON’T PROCRASTINATE: College applications take time to fill out, especially if you need to include an essay. Give yourself plenty of time to gather the required information, write your essay, collect letters of recommendations, etc. Lack of planning on your part does not constitute an emergency for the counselors or teachers. They may tell you they cannot write letters if you wait too long! Give them at least a month to write letters of recommendation.

PAY ATTENTION TO GRAMMER AND SPELLING: Your application is the 1st impression the college will get of you; make it a great one! They will not be impressed with poor writing skills. Keep you language simple and to the point. Neatness counts. Have someone proofread your application and your essay. Do no rely on the computer’s spell check to fix it for you!

DON’T LET MOM OR DAD FILL OUR YOUR APPLICATION: Mom and dad are not the ones headed off to college, you are! Admissions officers are skilled in detecting a parent’s hand in an application. This is for you, this is your job, be accountable for the information you are submitting to the college.

GET ORGANIZED: Keep two files; one for college applications and one for scholarships. Make a calendar of deadlines. Keep all college related papers in one place.

DON’T MAKE AN EXTRACURRICULAR LAUNDRY LIST: Most people think that a long list of activities will leave a bigger impression on an admissions officer, but it is more important to highlight those activities that gave you the most recognition. Do not include extracurriculars from grade school! Spotlight activities that you received awards for, were committed to for a long amount of time, provided service for others, or were related to your future career. Activities that developed other skills such as craftsmanship or social skills might also be included.

USE A RESPECTABLE E-MAIL ADDRESS: It is smart at this time to create a separate email account for college and scholarship purposes. It is not the time to use an address that is sarcastic or offensive. Choose a simple and adult-friendly address.
Admissions Essay Tips

1. **Write in your own voice.** Express who you are by writing in 1st person. Avoid common tactics of trying to sound overly intellectual. Simply showing that you can use the English Language, follow directions, and articulate who you are will go far.

2. **Don’t repeat yourself:** Your essay should tell admissions officers something they haven’t already read in your application.

3. **Give yourself enough time to write, revise, repeat.** The writing process takes time, so give yourself enough time to brainstorm ideas, outline, and write a draft. Have someone proofread that draft, then rewrite, have someone look it over again, make any necessary changes before the final submission.

4. **Are you answering the question correctly?** The stress of writing an essay sometimes leads us to forget what the main point was that we were supposed to address in the essay! Remember to occasionally take a break from writing, re-read the question, and re-read your writing to make sure it is answering the question.

5. **Get some mileage out of it.** You may be asked to write several essays. Please be aware that you may use the same essay for all of those required of different schools, as long as it answers the question being asked of that school. You may need to change a few things here and there as needed for the question, but you will save a lot of time by not rewriting the whole essay.

6. **Essays are a time to mention your ‘stand-out’ factor.** A stand-out factor is what sets you apart from everyone else. It is what makes you unique! It can be something you have accomplished, one of your talents, a personality trait, or a skill that you want them to know about. It is your time to brag about yourself! Remember, the admissions officers will be reading thousands of essays, so what is going to make yours stand out from the others???
WUE

What Is WUE?
WUE is the Western Undergraduate Exchange, a program coordinated by the Western Interstate Commission for Higher Education (WICHE). Through WUE, students in Western states may enroll in participating two-year and four-year public college programs at a reduced tuition level: up to 150 percent of the institution’s regular resident tuition. In all cases, WUE tuition is considerably less than nonresident tuition. For answers to many of the commonly asked questions about WUE, visit wiche.edu/askwiche.

Which States and U.S. Territories Participate?
For the academic year 2013-2014, the 25th year of WUE’s operation, resident students from the following states and U.S. Territories may participate, if they meet eligibility requirements:
- Alaska
- Idaho
- Oregon
- Arizona
- Montana
- South Dakota
- California
- Nevada
- Utah
- Colorado
- New Mexico
- Washington
- Hawai’i
- North Dakota
- Wyoming
- Commonwealth of the Northern Mariana Islands

Eligibility
Many institutions require evidence of academic performance, such as ACT/SAT test scores or high school GPA, or place other conditions on WUE enrollment. Consult the WUE website for details.

Programs Available
Virtually all undergraduate fields are available to WUE students at one or more of the participating colleges and universities. Some institutions have opened their entire curriculum on a space-available or first-come, first-served basis. Others offer only designated programs at the discounted WUE rate. To learn about the wide array of programs available, consult our searchable WUE database, located at wiche.edu/wue. For additional details, follow the links to the enrolling institutions’ websites.

Application and Admission
Apply directly to the institution(s) of your choice for admission and WUE tuition status. Mark prominently on the institution’s application form that you seek admission as a WUE student.
Military Options

ENLISTMENT- Are you interested in going into the military? Are you unsure of which branch of the military you want to go in to? Wasatch High School is frequently visited by recruiters during lunch time when students can make initial contact with them. Recruiters from the Navy, Marines, and Army Reserves are most often found in the commons area. Upon occasion the Air Force and Army also visit. The Coast Guard does not send recruiters to our area.

If you are interested in any of the above mentioned military branches and are unable to connect with a recruiter, please let your counselor know and we can help arrange a meeting with one.

COLLEGE FIRST?- The ROTC is a great way to train for the military while you are a college student. There are three ROTC programs, the Army, AirForce, and the Navy. Visit with a recruiter or go to www.airforce.com/education or http://www.rotc.usaac.army.mil/ or http://www.nrotc.navy.mil to learn more.

SCHOLARSHIPS-The military offers several scholarships as well. Visit www.todaysmilitary.com to learn more. Or do a keyword search on any scholarships search engine (fastweb.com, collegeboard.com, utahfuture.org) using ‘military’ or any branch of the military to find them.